



BullyingUK

Part of **family lives**

Wear Blue

Information pack



Our pack is filled with unique ideas and tips to help you raise funds for Bullying UK and help #stopbullying

Thank you for supporting Bullying UK

Thank you for getting involved in our Wear Blue Day for Bullying UK. This is a great opportunity to get your school or organisation to promote positive messages about anti-bullying, raise awareness of the different forms of bullying, raise funds for Bullying UK and have fun at the same time.

Bullying can have a serious impact on self-esteem, education and mental health and affect someone for years to come. We provide a helpline for young people and adults, online support through our website and social media channels [@BullyingUK](#).

This pack contains ideas, blank posters for you to write on, cake toppers and our amazing blue specs to help you see a world without bullying. We have other resources to help make your Wear Blue Day a hit.

Thank you so much for choosing to get involved and supporting us.

Bullying UK

£10 helps a bullied child too scared to go to school to talk to our trained advisors.

£25 helps train a volunteer to support those affected by bullying.



Order your anti-bullying wristbands

Our wristbands are a great addition to Wear Blue Day. Wristbands cost 50p each (including VAT), there is a minimum order of 50. Please note, wristbands may differ slightly to the image shown. Visit us at www.bullying.co.uk/anti-bullying-week/anti-bullying-week-wristbands/ to order yours!



“The children loved the wristbands and they wore them with pride, they felt it was a part of a wider message about anti-bullying.”

Our Bullying UK champions rocking our amazing wristbands for their anti-bullying event.

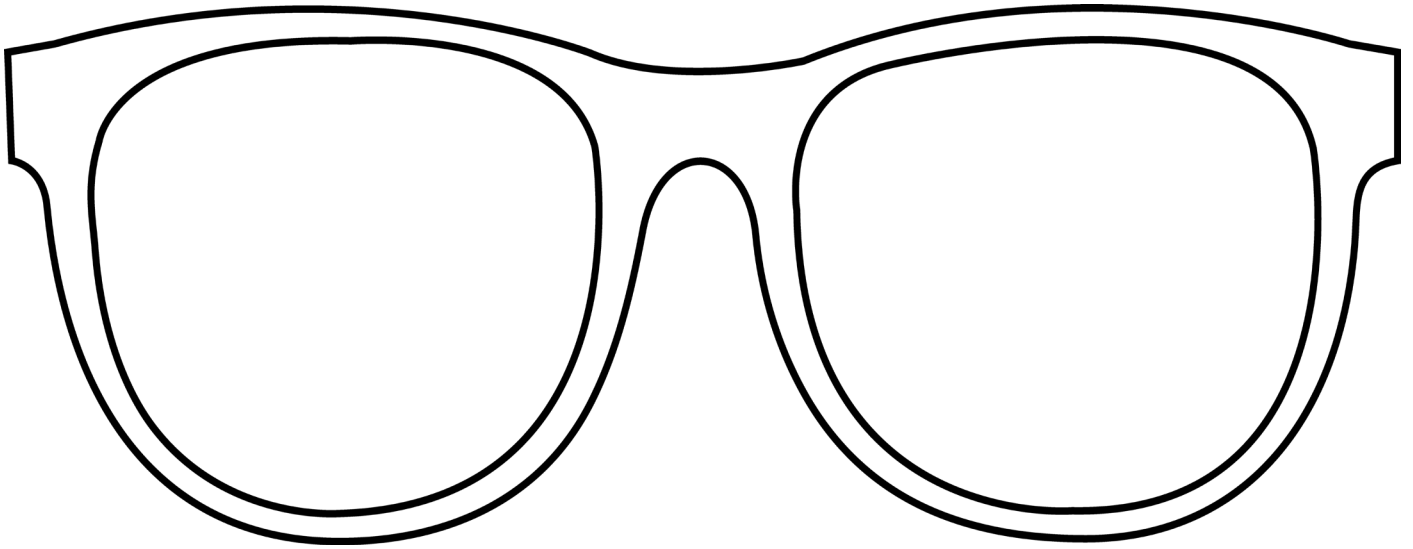


Who doesn't love cake?

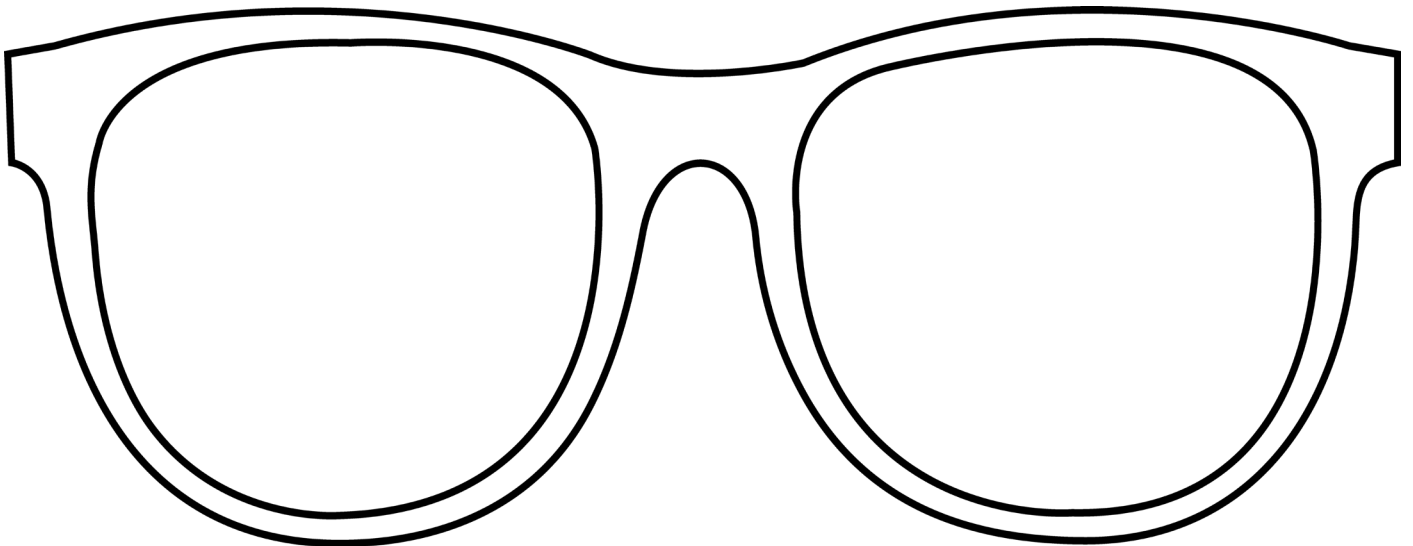
Print off our cake toppers on edible rice or sugar paper. There are lots of online companies that can do this for you if you send them the image for a small fee. Once you receive your edible cake toppers, you can then put them on top of your favorite cakes to sell them to your students, colleagues, or in your local community and raise money at the same time.



Anti-bullying specs



The anti-bullying specs can be printed off, decorated blue and used to encourage children and young people to look through the eyes of the bullied or the bully. This is a great way to explore the feelings and emotions that bullying can cause for both the bullied and the bully. Maybe the specs can provide a new way of looking at bullying, we would love to hear from you.



We're taking part in Wear Blue Day to help #stopbullying



BullyingUK

Part of **family lives**

Date:



We're taking part in Wear Blue Day to help #stopbullying



BullyingUK

Part of **family lives**

Date:



Helpline 0808 800 2222
www.bullying.co.uk

Blue wig challenge



BullyingUK

Part of **family lives**

When:

Where:



Get a blue wig and see how many people you can get to wear it! Take a snap and send us your pics! The wackier the better!

Helpline 0808 800 2222
www.bullying.co.uk



BullyingUK

Part of **family lives**

Wear Blue for Bullying UK

To take a stand against bullying



Wear Blue on 10 November 2017
and help raise money for Bullying UK
#wearblueday

www.bullying.co.uk
Helpline 0808 800 2222

We are raising money for



BullyingUK

Part of **family lives**

When:

Where:



Helpline 0808 800 2222
www.bullying.co.uk



Get in touch:

wearblue@familylives.org.uk

www.bullying.co.uk

[@BullyingUK](https://twitter.com/BullyingUK)

[#wearblueday](https://twitter.com/wearblueday)